

## ***Course Name: ISO 45001: 2018 Occupational Health and Safety Management Systems Awareness Training***

### **Synopsis**

This course is to equip the participants with the knowledge of ISO 45001: 2018 Occupational Health and Safety Management System requirements. This course will provide a clear description of ISO 45001: 2018 requirements, practical tips, examples and guidelines that can help organisation to implement the Occupational Health and Safety Management System requirements.

### **What You Will Learn**

#### **Learning Outcome:**

Upon completion of this course, the participants will be able to:

- Implement the new ISO 45001 requirements in the organisations.
- Apply the risk based thinking procedures and safety culture in the organisation

## Who Should Attend

The following groups should consider attending this training:

1. Top Management
2. Health and Safety Managers
3. OHSMS Implementation Team
4. Internal Auditors
5. Department Heads and Supervisors
6. Compliance Officers
7. Safety Officers
8. Human Resources (HR) Personnel
9. Consultants
10. Employees Involved in Health and Safety Activities
11. Supply Chain Partners

## Prerequisite

N/A

## Course Methodology

- Theory
- Hands-On
- Discussions
- Interactive Classroom Session

## Course Duration

1 day - 9am - 5pm

## Course Structure

### *Session 1: OHSAS 18001/ISO 45001 BACKGROUND*

- What is OHSAS 18001/ISO 45001?
- What is ISO?
- Benefits of ISO 45001

### *Session 2: ISO 45001: 2018 OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT REQUIREMENTS*

- Clause 1: Scope
- Clause 2: Normative references
- Clause 3: Terms and definitions
- Clause 4: Context of the Organisation
- Clause 5: Leadership and Worker Participation



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*Session 3: ISO 45001: 2018 OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT REQUIREMENTS*

- Clause 6: Planning
- Clause 7: Support
- Clause 8: Operation
- Clause 9: Performance Evaluation
- Clause 10: Improvement

*Session 4: Review and Q&A*

- Review
- Q&A Session