

Course Name:

Behavioural Based Safety Training

Synopsis

Behavioural Based Safety Training course will provide participant with adequate knowledge required in executing behavioural based safety scenario effectively at workplace. Participants will undergo informative sessions by trainer and be put to test with workplace hazard case scenario group activities. The objective of this one-day Behavioural-Based Safety Training is to equip participants with the knowledge and skills to understand the importance of behavioural safety in the workplace, identify potential hazards, and develop safe behavioural habits. By the end of the course, participants will be able to implement behavioural safety principles to create a safer work environment and reduce accidents and incidents.

What You Will Learn

At end of training, participant will be able to:

- Understanding the Importance of Behavioural Safety:
- Identifying and Mitigating Hazards
- Analysing Human Behaviour in Safety
- Implementing Positive Reinforcement and Recognition Programs
- Providing Constructive Feedback and Behaviour Correction:
- Building a Behavioural-Based Safety Culture
- Developing Safety Action Plans
- Enhanced Safety Awareness and Mindset
- Promotion and Empowerment for Incident Prevention

Who Should Attend

Apply to all levels of daily operation officer, executives, management and security officer.

Prerequisite

N/A

Course Methodology

Presentation by trainer, scenario case discussion, practical group activities.

Course Duration

1 day- 9am - 5pm

Course Structure

Session 1: Introduction to Behavioural-Based Safety

- Definition and importance of behavioural safety
- Link between behaviour and workplace incidents
- Benefits of implementing behavioural safety programs

Session 2: Understanding Human Behaviour

- Theories of human behaviour in safety
- Factors influencing behaviour in the workplace

- Human error and its impact on safety

Session 3: Identifying Hazards through Observations

- Conducting effective safety observations
- Reporting and documenting hazards
- Root cause analysis and its role in behavioural safety

Session 4: Positive Reinforcement and Safety Recognition

- Importance of positive reinforcement in shaping behaviour
- Designing effective safety recognition programs
- Implementing rewards and incentives for safe behaviour

Session 5: Correcting Unsafe Behaviours

- Providing constructive feedback for unsafe behaviour
- Strategies for behaviour modification
- Encouraging self-correction and accountability

Session 6: Building a Behavioural-Based Safety Culture

- Leadership's role in promoting behavioural safety
- Involving employees in safety initiatives
- Creating a safety-first culture

Group Activities:

Here are five group activities that are included in the training:

1. **Hazard Identification Walkthrough:** Divide participants into groups and have them conduct a safety observation walk in the workplace. Each group should identify potential hazards and discuss how behavioural safety principles can mitigate these risks.
2. **Case Study Analysis:** Provide participants with real-life case studies involving workplace incidents. In groups, they analyse the behaviours that led to the accidents and propose preventive measures using behavioural safety techniques.
3. **Role-Playing Scenarios:** Create role-playing scenarios that depict common unsafe behaviours in the workplace. Participants work in groups to act out the scenarios and explore different ways to intervene and correct these behaviours effectively.
4. **Safety Recognition Program Design:** Ask groups to design a safety recognition program aimed at reinforcing positive safety behaviours. They should consider appropriate rewards, evaluation criteria, and communication strategies.
5. **Creating a Safety Action Plan:** Have each group develop a comprehensive safety action plan for their respective departments or work areas. The plan should incorporate behavioural safety principles and include steps for implementation, monitoring, and continuous improvement.

Note: Throughout the training, encourage group discussions and interactive activities to facilitate active learning and engagement among participants.