

Course Name:

Basic Occupational First Aid, CPR & AED

Synopsis

Basic Occupational First Aid, CPR & AED course will provide participant with adequate knowledge required in handling medical emergency case. Participant will be put to test in our simulation medical emergency case scenario where correct technique of Basic Occupational First Aid, CPR & AED will be assessed by assessor.

This course aims to –

- Increase awareness to participant on First Aid, CPR & AED technique
- Equip knowledge to participants on the core concepts of First Aid, CPR & AED
- Practice correct technique on First Aid, CPR & AED at workplace and on personal level.

What You Will Learn

At end of training, participant will be able to:

- Identify medical emergency at workplace
- Practice correct technique of First Aid, CPR & AED on handling medical emergency
- Improve in communication on handling medical emergency

Who Should Attend

Apply to all levels of daily operation officer, executives, management and security officer

Prerequisite

N/A

Course Methodology

Presentation by trainer, scenario case discussion, practical group activities.

Course Duration

1 day- 9am - 5pm

Course Structure

Session 1: Ice Breaker

- Ice breaker session (trainer & participant introduction)
- Introduction to Basic Occupational First Aid, CPR & AED
- Legal issues and consent
- MCQ PRE TEST

Session 2: Module 1

- Scene assessment and personal safety
- Primary assessment and airway management
- Common cause death
- Stroke identification
- Introduction to cardiovascular, respiratory system
- Risk factor to coronary heart disease

Session 3: Module 2

- Chain of survival
- Cardiopulmonary Resuscitation (adult & children)



(003587769-K)

Persiaran Mayang Pasir
Bayan Baru, 11950
Pulau Pinang, Malaysia

Mobile: 019-9790786

Email: hr.department@softspheretraining.my

Website: www.softspheretraining.my

Session 4: Module 3

- Introduction to AED
- Technique on AED usage
- Adult and child choking (adult & children)
- First Aid box guideline

Session 5: Module 4

- Removing & moving victims
- Soft tissue injury
- Burns & Scald
- Head & Spinal Injury
- Bone, muscle injuries

Session 6: Module 5

- MCQ Assessment
- Assessment on simulation of case scenario