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## **Course Name:** **4 Steps to Supercharge your Abundance Mindset**

### **Synopsis**

In today's dynamic workplace, if you're feeling lost, disconnected from your life's purpose, or wondering why success seems just out of reach, you're not alone. Furthermore, it's common to face setbacks in the business landscape. However, team members in organizations embracing a positive and abundant mindset, and practicing manifestation are better equipped to overcome failures and setbacks. They maintain a positive outlook and view challenges as opportunities for growth and learning. In this HRD Corp Claimable Program, you'll navigate internal roadblocks and limiting beliefs that hold you back. You'll discover how to realign your thoughts and actions with your deepest aspirations, leading you to live your true purpose for life and work. Gaining an elevated state of awareness is important to tap into your subconscious and clear any negative beliefs that are limiting you. Think of it this way... Your brain is the fastest computer that has ever been created and sometimes it needs you to reset and reprogram it. By identifying your core beliefs, you can replace negative ones with positive ones, thereby expanding your mind to new possibilities. Discover the holistic concept of abundance beyond mere financial wealth in our program, where we unveil the 8 key areas of abundance including health, relationships, community, and more. This transformative journey empowers you to shift from a victim consciousness to a manifestor consciousness level. Cultivating an abundance mindset can significantly enhance your team's performance and productivity. By fostering an environment that promotes abundance thinking, setting clear goals, tapping into your inner potential, and integrating visualization and affirmations techniques, you can unlock the remarkable benefits of manifestation in the workplace.

*"If you want to find the secrets of universe, think in terms of energy, frequency and vibration.*

-- Nikola Tesla

When you continuously imbue specific messages into your subconscious, you will be able to create, attract, and align with corresponding things! So, how can you create vibrational frequencies associated with abundant thinking? You may be surprised to find that your subconscious may not truly desire to attract abundance... Before truly attracting abundance, we must possess an inner state capable of accommodating abundance, much like changing the size of a container before filling it with water. Therefore, allowing oneself to deeply feel worthy of having and willingly accepting abundance is crucial. This is what our course aims to share with you through our 4-step method! By strengthening your abundant mindset, you can unleash your potential for workplace success. Join us now and explore your path to abundance!

## What You Will Learn

### WHY TAKE THIS PROGRAM:

- Do you understand how personal burnout can affect the entire organization, even leading to corporate fatigue?
- Do you know how to maintain competitiveness in a fiercely competitive market and lead the organization to success using internal strength?
- Do you want to learn how to discover and unleash personal talents to infuse more vitality and creativity into the organization?
- Do you want to learn how to effectively manage stress from a spiritual perspective?
- Do you know how to maintain motivation and patience using internal strength and transmit this spirit to the entire team to achieve common goals?
- Do you want to build good interpersonal relationships, promote internal and external cooperation within the organization, and infuse new vitality and success into the company?
- Have you ever felt frustrated by money? When you experience this feeling, your thoughts, words, and actions are all in a state of frustration. This also makes it more difficult for you and the organization to achieve goals.
- Financial issues can hinder your abundance consciousness. When you feel worthless, guilty, or resentful towards money, it obstructs your ability to attract abundance. Are you willing to address these issues? You may be surprised to find these issues arise in class, giving you the opportunity to resolve them.

By the end of this program with a focus on mindset reprogramming, participants will be able to:

- Identify the secrets to living abundantly
- Harness the power of thoughts to achieve goals
- Utilize talents to fulfil life's purpose
- Experience increased self-confidence
- Foster harmonious connection with others
- Transform the relationship with money and create a blueprint for wealth

## Who Should Attend

This program is suitable for Executives, Managers, Business Development Professionals, Sales & Marketing Professionals, Department Head, Business Owners, Entrepreneurs.

This program is also designed for:

- Individuals seeking to enhance abundance energy.
- Individuals with negative thoughts or beliefs about abundance regarding themselves or their environment.
- Individuals seeking to continually boost confidence, effortlessly manifest abundance in their life and work.

## Prerequisite

N/A

## Course Methodology

The training methodology encompasses a coaching and facilitative approach. Guiding participants through reflective questioning, encouraging them to explore their thoughts, beliefs, and experiences related to the learning contents and creating a supportive and interactive learning environment where participants can freely exchange ideas, share insights, and collaborate on problem-solving.

The key elements involve:

- Cognitive-friendly Lectures Engaging Experience Sharing
- Guided Practice: Introspection / Self-Reflection Guided Practice : Meditation
- Guided Practice: Daily Mindfulness

## Course Duration

1 day - 9am - 5pm

## Course Structure

### Session 1: Set Your Intention

- What You Can Look Forward To
- Who Is This Program For
- How We Learn
- Pre and Post Self-Assessment
- Guided Practice 1: Set Your Intention

### Session 2: Victim Consciousness

- What Is Vibrational Energy
- 8 Life Structure
- Principles of the Mind
- What is Victim Consciousness
- Guided Practice 2: Where Are Your Thoughts
- Guided Practice 3: Review Your Current Life Structure
- The Beliefs That Stop You
- The Most Common Limiting Beliefs Restricting Wealth Growth
- Guided Practice 4: Your Limiting Belief About Money
- Overcome Fear of Change
- Guided Practice 5: What Benefit Are You Seeking
- Letting Go of Blame and Shame

- Guided Practice 6: What are Your Blame Stories
- Learning To Forgive
- Guided Practice 7: Forgiveness Meditation

### Session 3: Discover Your Inner Talents

- Role-Play Talent Discovery
- Guided Practice 8: Reveal The Hidden Gems Within You

### Session 4: Manifestor Consciousness

- What is Manifestor Consciousness
- What is Wealth Consciousness
- Visualization & Affirmation
- Upgrade Your Beliefs About Money
- Guided Practice 9: Your Personal Affirmations About Money
- Guided Practice 10: Your Daily Engagement About Affirmations
- The Law of Circulation
- Nature of Abundance
- Guided Practice 11: Giving And Receiving
- Guided Practice 12: Practice Living Abundance
- Raise Your Financial Upper Limit
- Guided Practice 13: Ascend Your Abundance Target
- Your Unique Gift
- Guided Practice 14: Create Your Wealth Blueprint
- 4 Steps to Abundance Mindset